

# Significance of White Matter Hyperintensities in MCI

Charles DeCarli

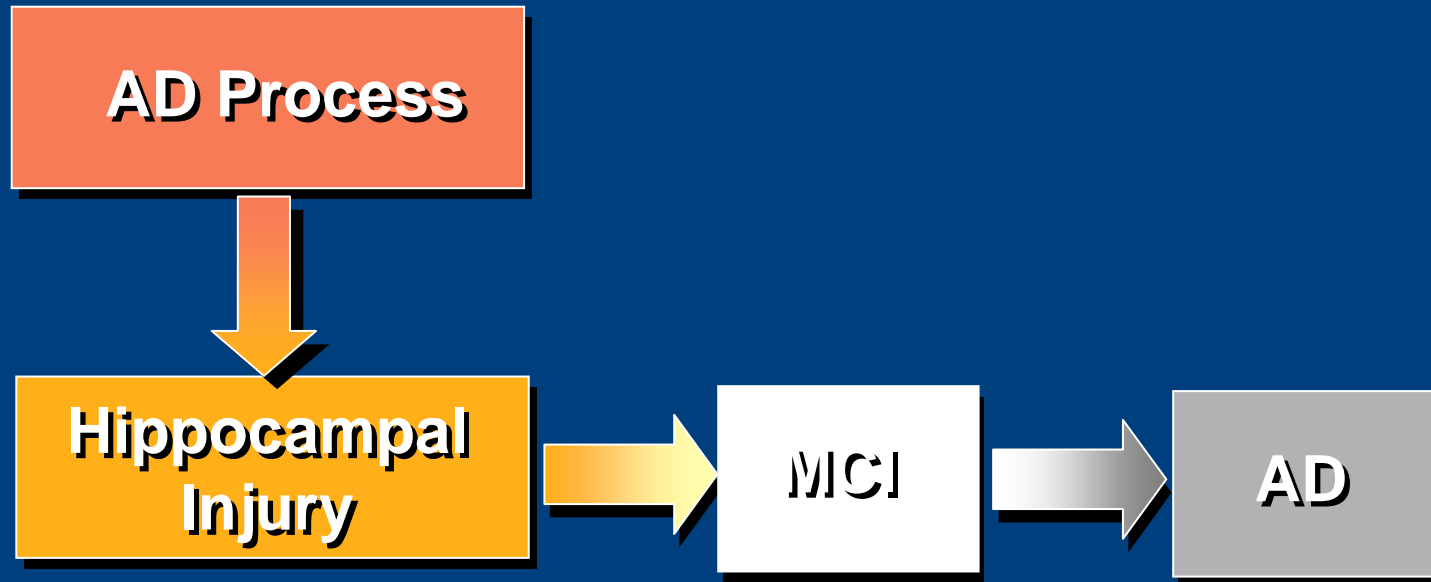
University of California at Davis

Alzheimer's Disease Center

Imaging of Dementia and Aging

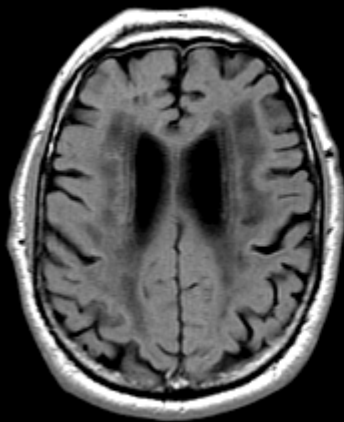
(IDeA) Laboratory

# MCI is Early AD

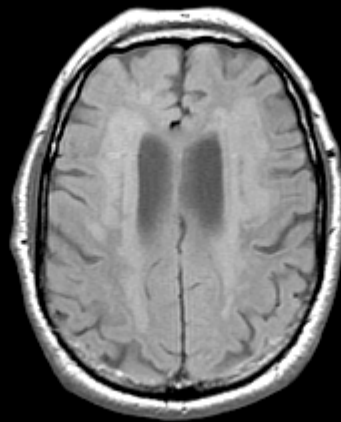


*Petersen et al, Arch Neurol, 2001*

# White Matter Hyperintensities



T1



PD

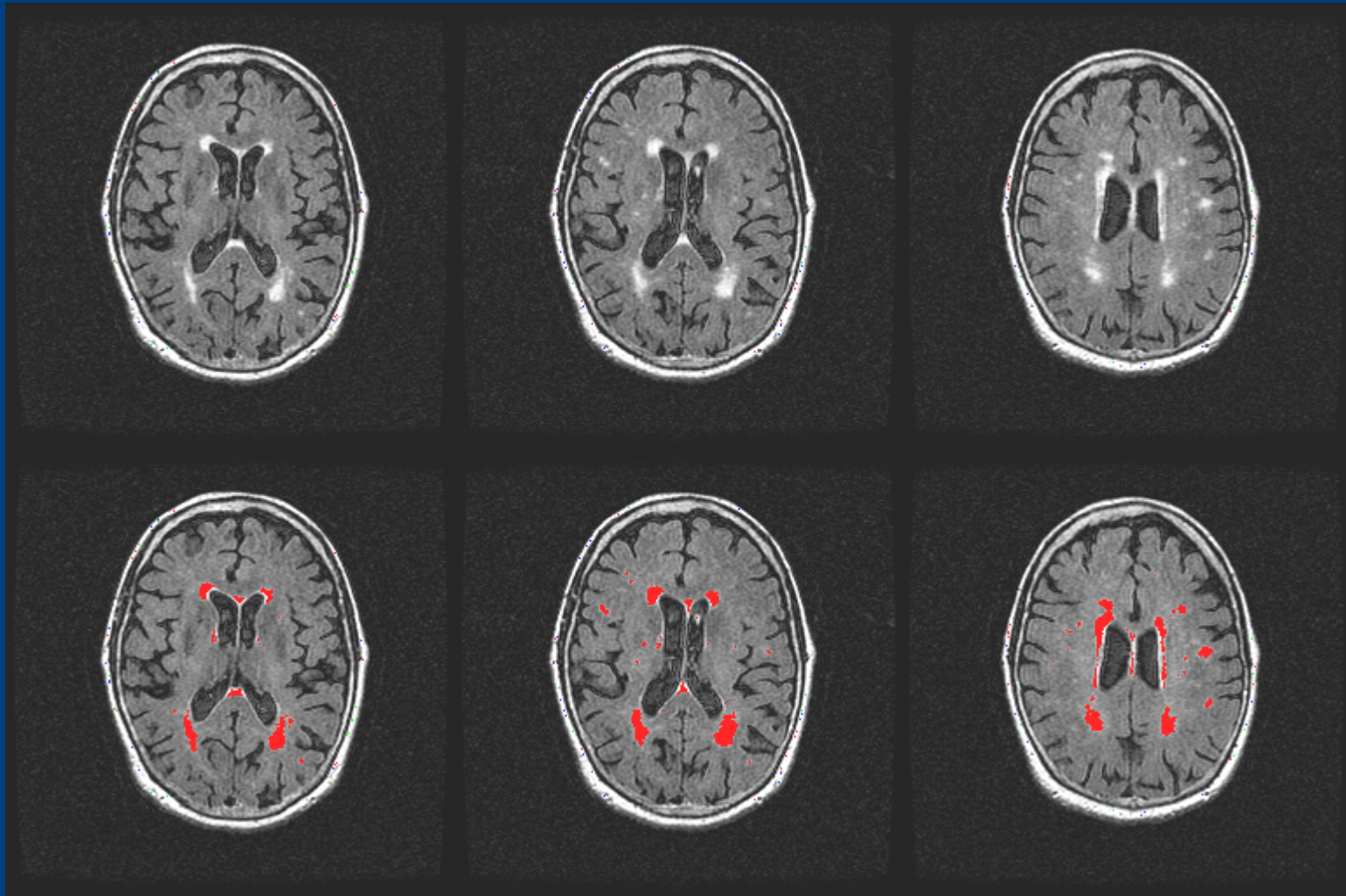


T2

# Vascular Risk Factors Predict WMH

Risk Factor	P-value
Age	<0.0001
Diabetes	0.0113
Heart Disease	<0.0001
Systolic Blood Pressure	<0.0001
Left Ventricular Hypertrophy	0.0001
Treated Hypertension	<0.0001

# WMH Quantification



# White Matter Hyperintensities and MCI

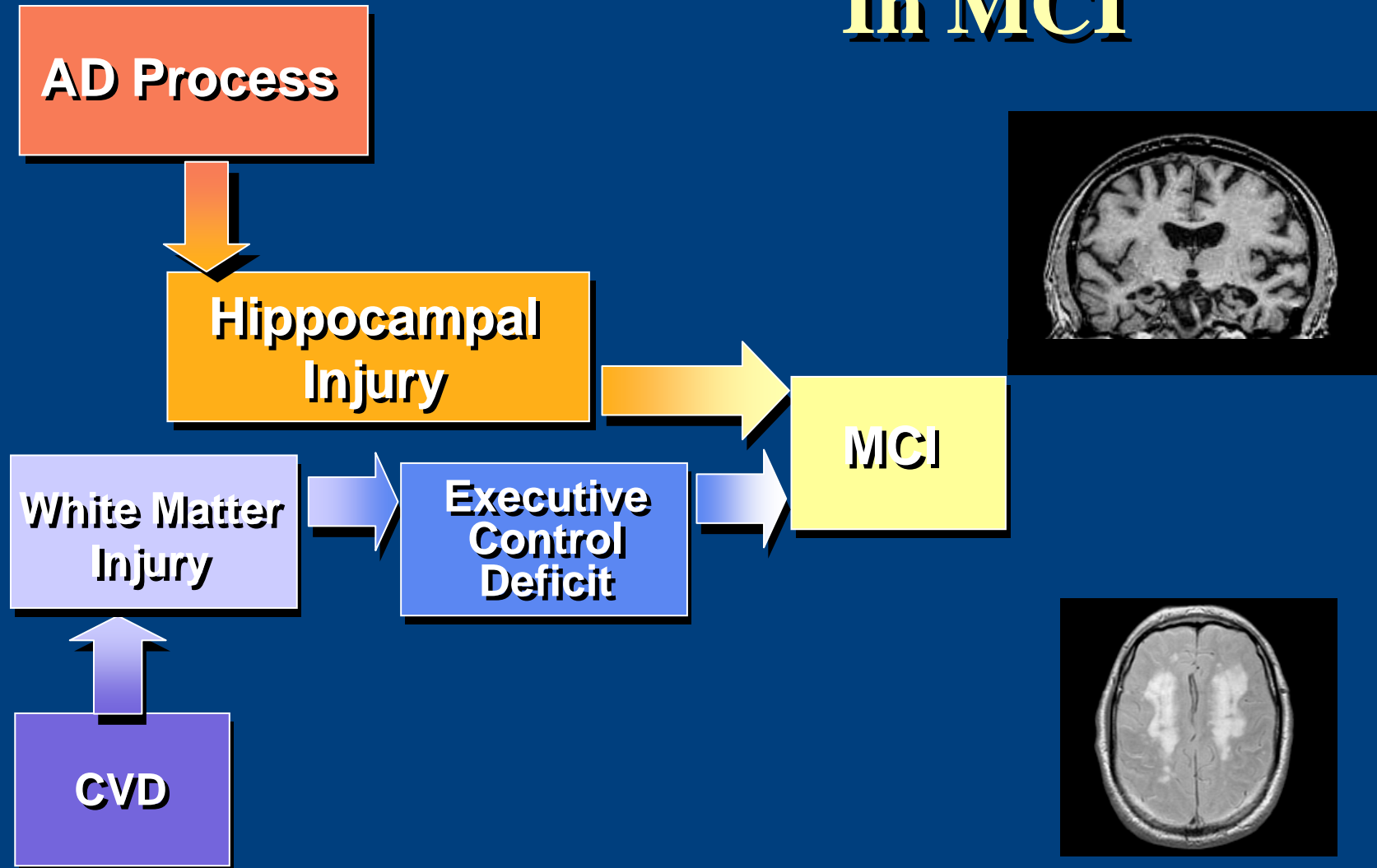
Predictor Variable	Adjusted RR and 95% CL
Age	1.18 [1.03,1.35]
WMH	5.34 [1.80,15.9]
ApoE4	3.54 [1.43,8.78]
Diastolic BP	1.70 [1.07,2.71]

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# **WMH are Associated with Episodic Memory Deficits**

- DeCarli et al, Arch Neurol, 2001
- Wu et al, Neurology, 2002
- Lopez et al, Arch Neurol, 2003
- Petkov et al, J Int Neuropsychol Soc, 2004

# Role of AD and WMH In MCI

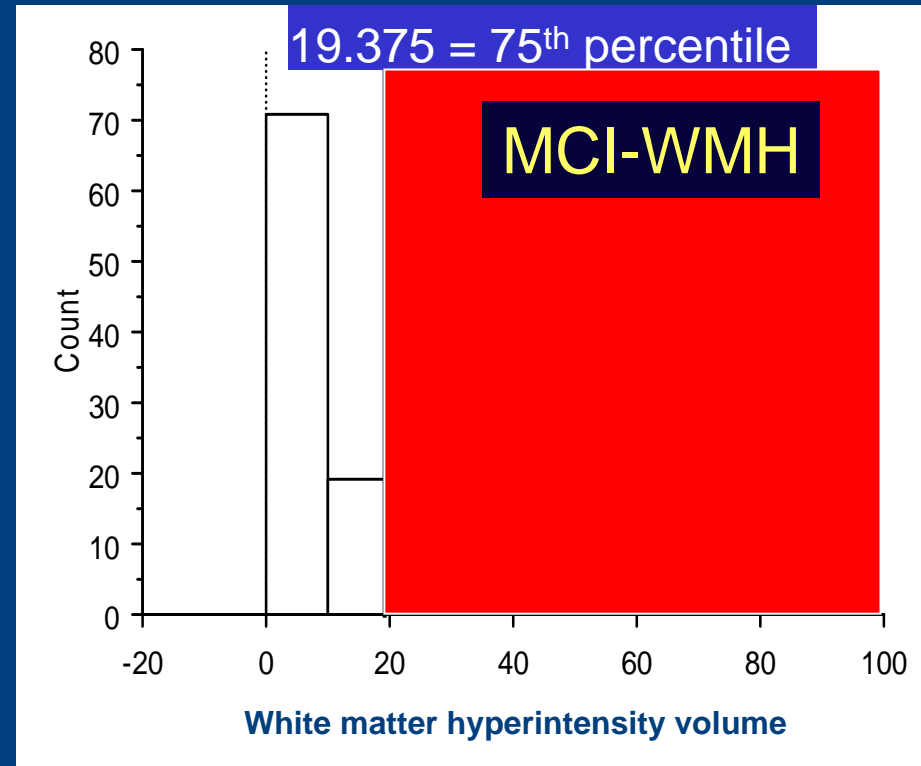
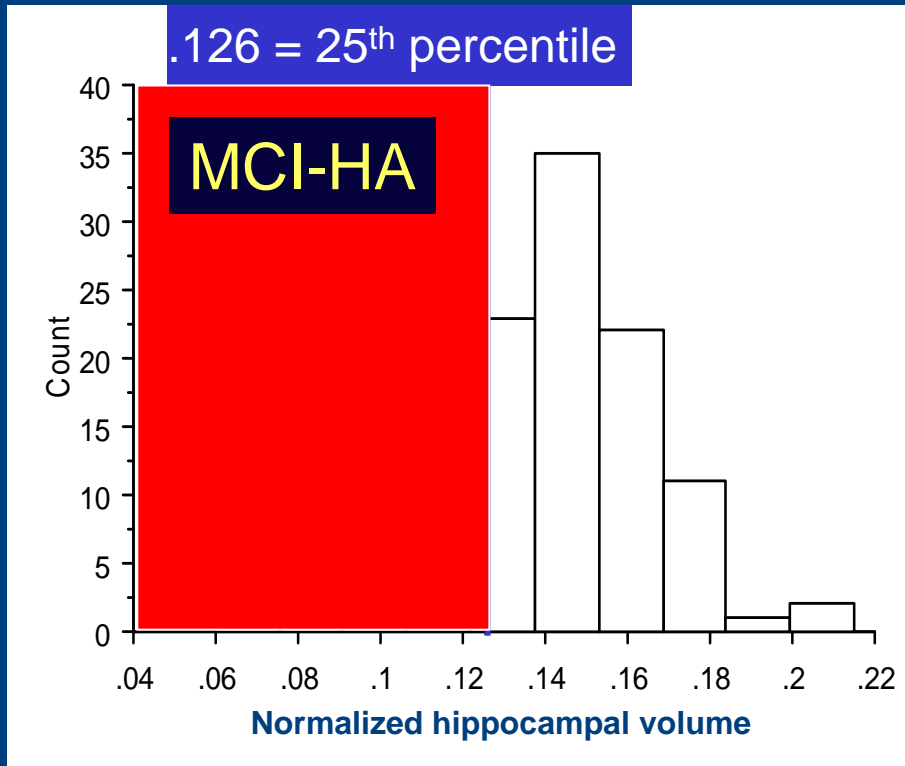




# Different Mechanisms of Episodic Memory Failure in MCI

Christine Wu Nordahl, Charan Ranganath, Andrew Yonelinas, Charles DeCarli,  
Bruce Reed, William J. Jagust  
Neuropsychologia 43(11) 1688-1697; 2005

# aMCI Subtypes



Based on SALSA dataset, n=122

# Subject Characteristics

	<b>Controls</b>	<b>MCI-HA</b>	<b>MCI-WMH</b>
<b>n</b>	20	11	11
<b>Age</b>	78.65 (6.34)	74.55 (5.65)	77.64 (3.56)
<b>Education</b>	15.6 (2.79)	15.8 (3.46)	13.5 (1.51)
<b>Gender (M/F)</b>	5/15	4/7	5/6
<b>MMSE</b>	29.63 (0.49)	27.46 (1.81)*	27.27(2.45)*
<b>Left HC</b>	.150 (.03)	.102 (.03)*	.148 (.02)
<b>Right HC</b>	.152 (.02)	.107 (.03)*	.147 (.01)
<b>WMH load</b>	13.15 (15.185)	7.66 (2.93)	34.38 (12.2)*
<b>Hypertension</b>	47%	45%	82%
<b>Type II Diabetes</b>	12%	0%	27%

\* differs from other groups,  $p < .05$

# Behavioral Tasks

## 1. Episodic Memory Task: Object-Color Association



study

18 red/18 green



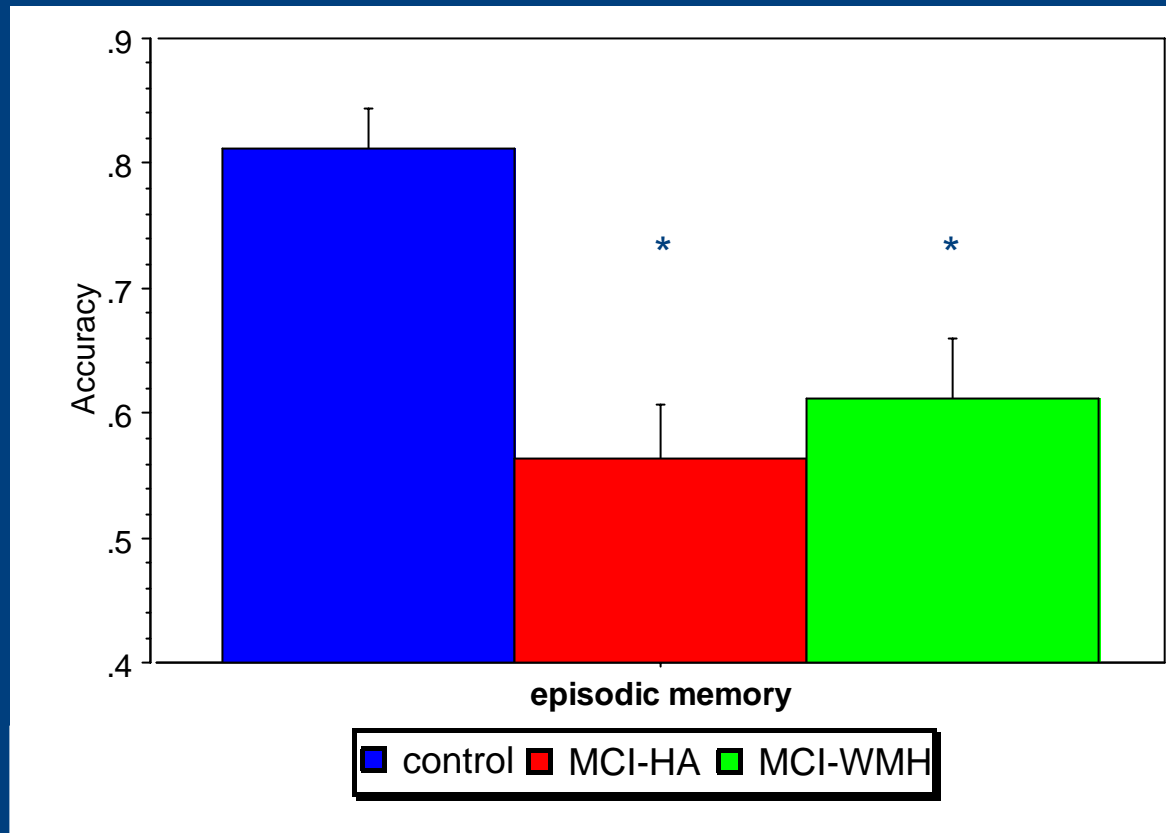
delay  
~60m



test

red or green?

# MCI-HA and MCI-WMH are equally impaired on the color association episodic memory task



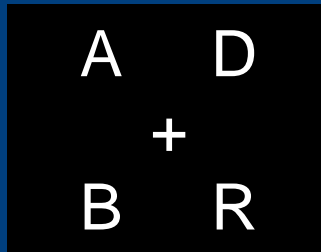
\* Differs from controls and MCI-HA  $p < .01$

# Behavioral Tasks

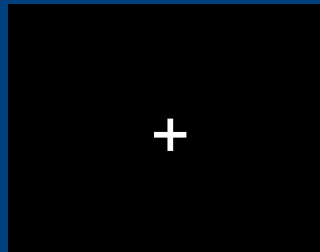
## 2. Working Memory Task: Item Recognition

2, 4, 6 - item verbal

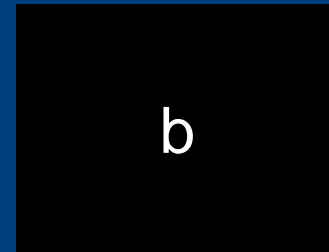
4 - item spatial



study

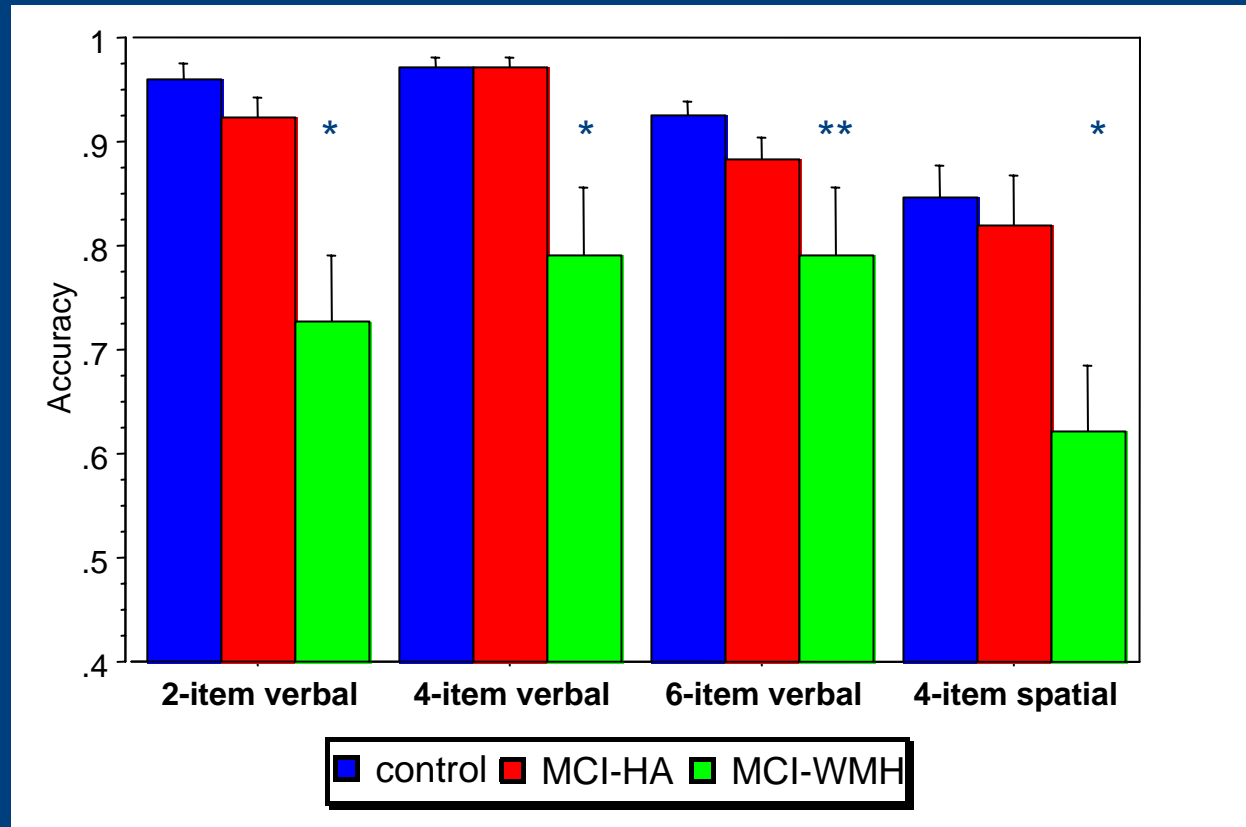


delay  
2 sec



probe

# MCI-WMH are impaired on the item recognition task



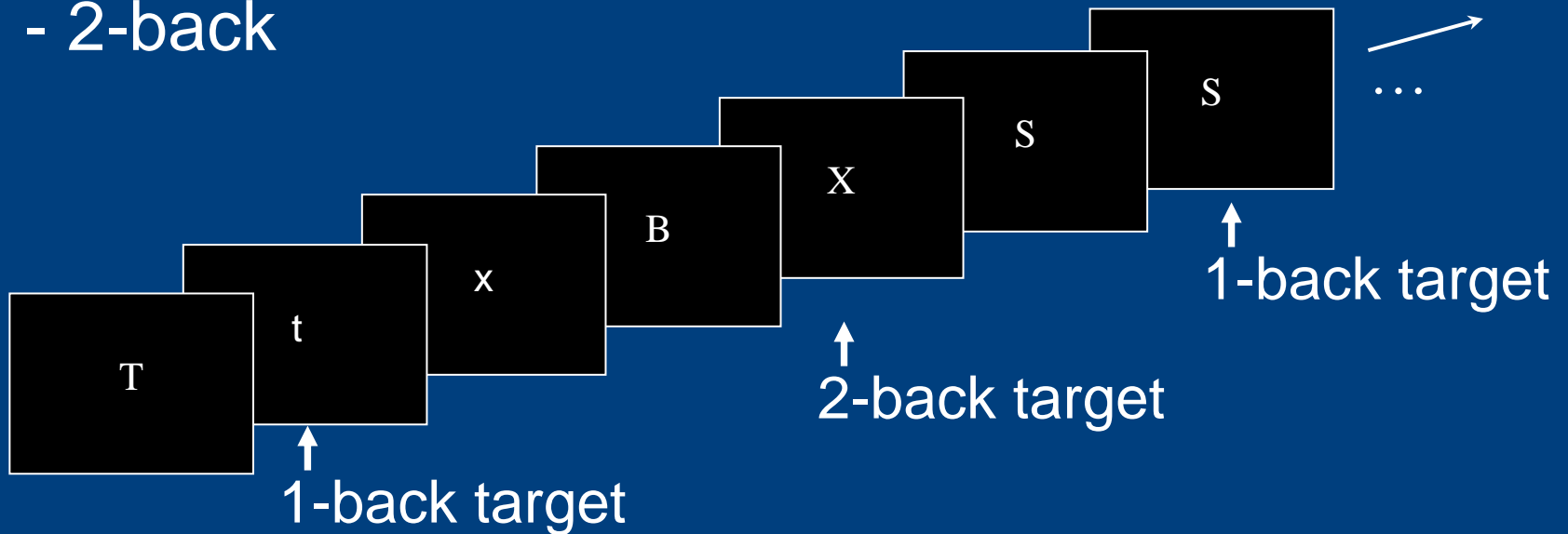
\* Differs from controls and MCI-HA  $p < .01$

\*\* Differs from controls  $p < .01$ , Differs from MCI-HA  $p = .08$

# Behavioral Tasks

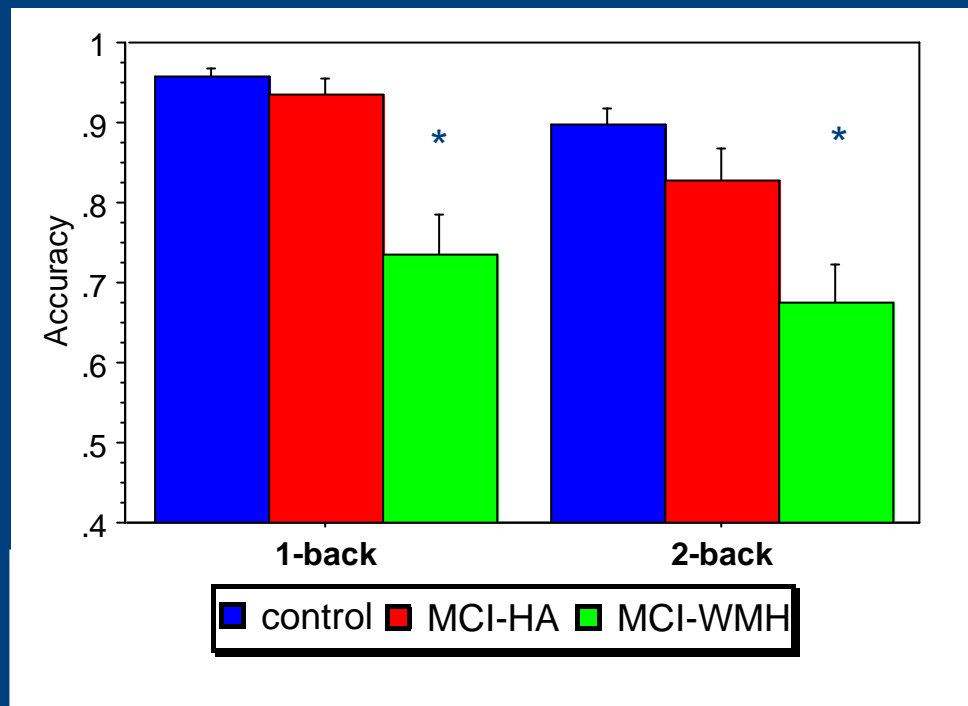
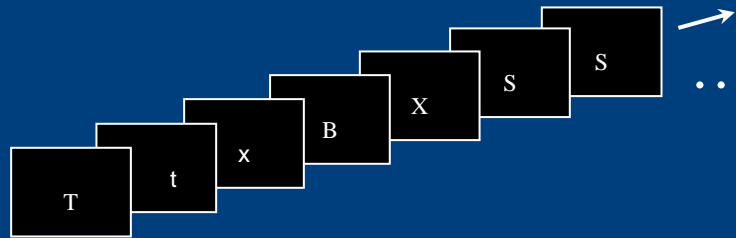
## 3. Working Memory Task: N-back

- 1-back
- 2-back





# MCI-WMH are also impaired on the n-back working memory tasks



\* Differs from controls and MCI-HA  $p < .01$

# Summary of Behavioral Data

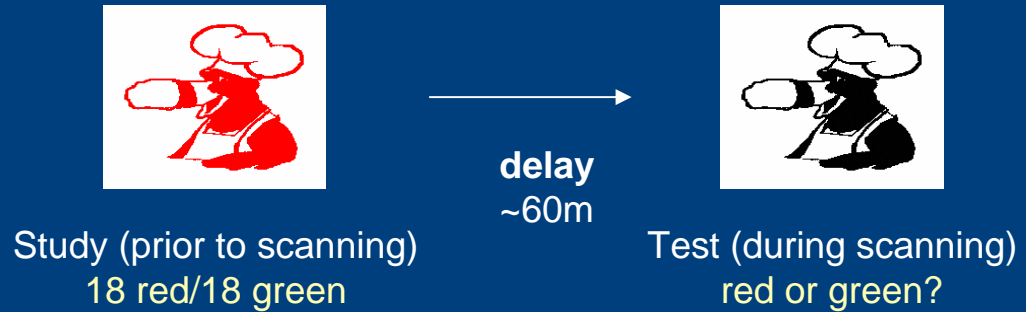
- MCI-HC and MCI-WMH are equally impaired on the episodic memory task
- MCI-WMH are impaired on working memory, both in simple maintenance as well as a more complicated task involving manipulation and maintenance

# White Matter Changes Compromise Prefrontal Cortex Function in Healthy Elderly

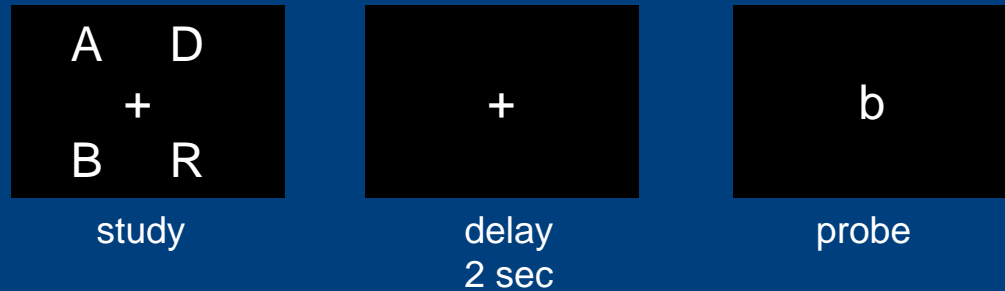
Christine Wu Nordahl, Charan Ranganath, Andrew Yonelinas, Charles DeCarli,  
Evan Fletcher, William J. Jagust  
In Press: Journal Cognitive Neuroscience

# Behavioral Tasks

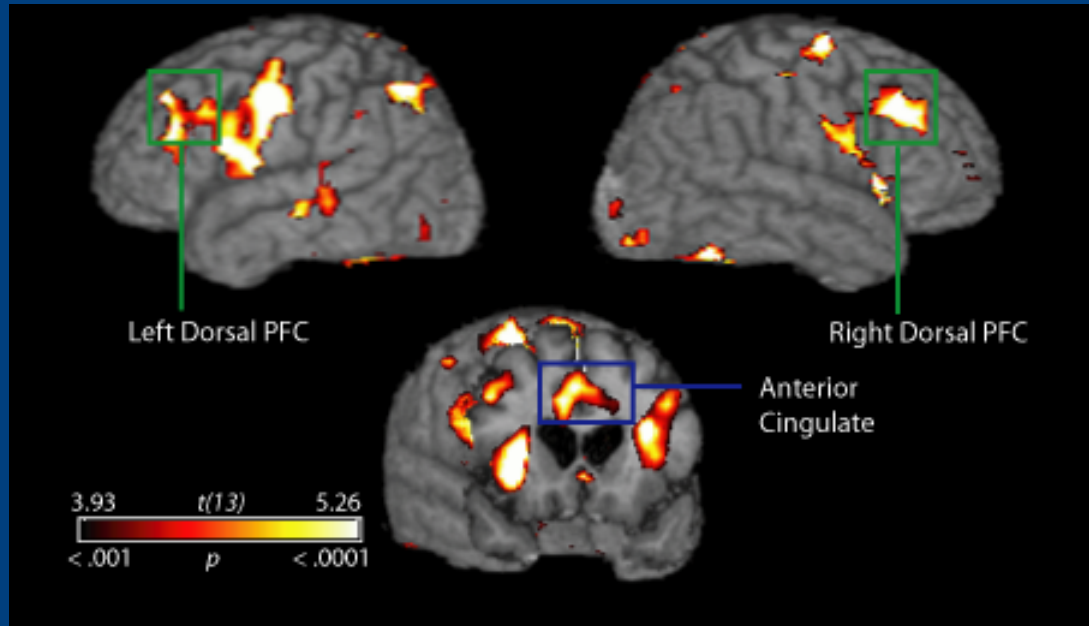
## Episodic Retrieval



## Working memory: Low and high loads



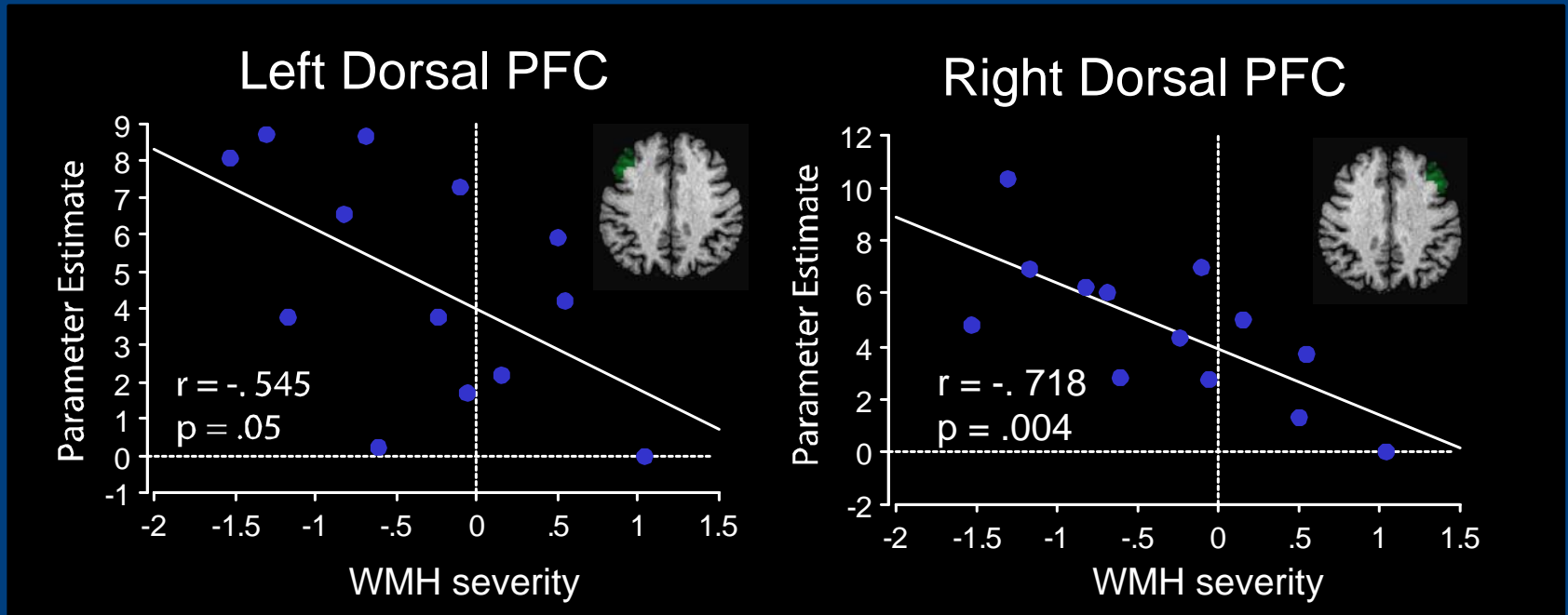
# Working memory activations



- Bilateral dorsal prefrontal cortex activations
- Bilateral ventral prefrontal cortex activations

## Working memory task:

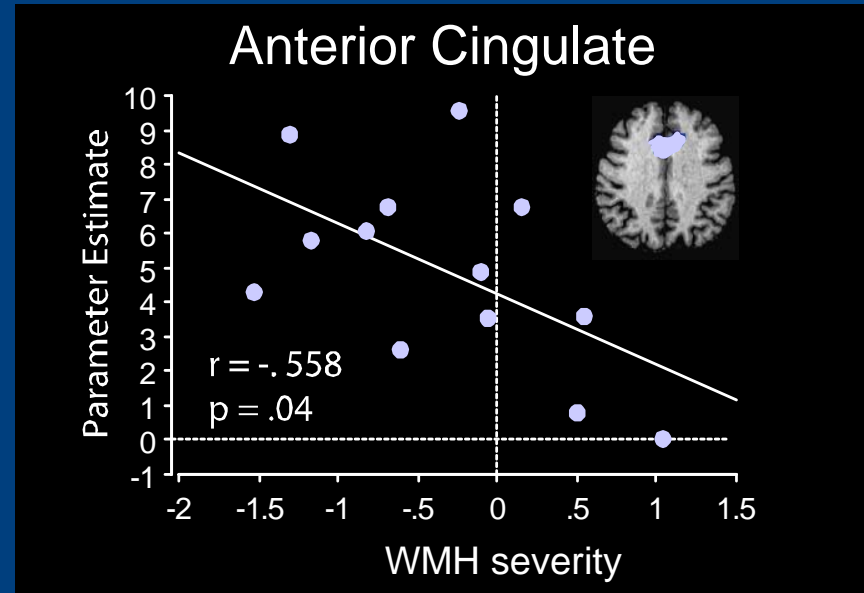
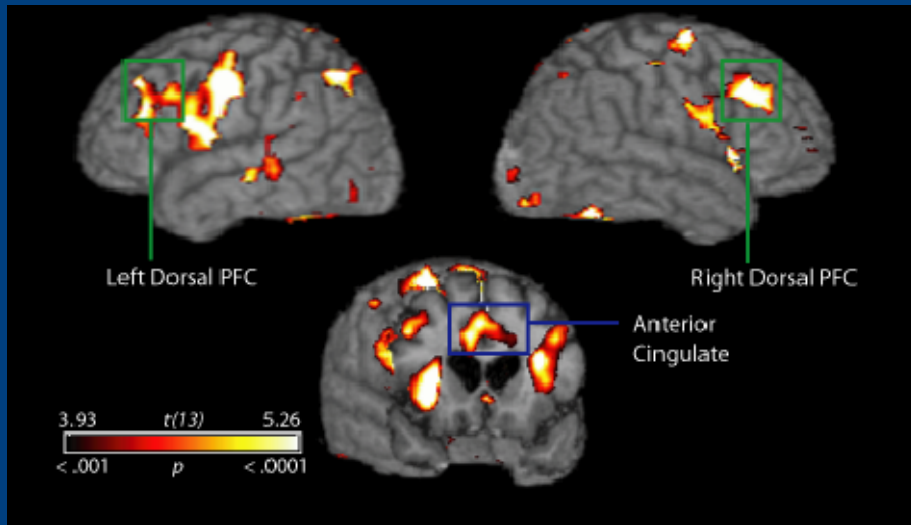
Dorsal prefrontal cortex function is negatively correlated with WMH severity



Consistent with evidence suggesting that dorsal PFC is more affected in aging

## Working memory task:

Anterior cingulate cortex function is negatively correlated with WMH severity



Anterior cingulate activity is associated with cognitive control (ie. ability to guide thought and action in accordance with internal intentions)

Functional connectivity between anterior cingulate and PFC mediates successful task performance (Kondo et al 2004)

# Summary of fMRI Data

- WMH a presumed indicator of cerebrovascular brain injury is associated with working memory impairment
- Executive control processes are likely involved and related to amount of WMH



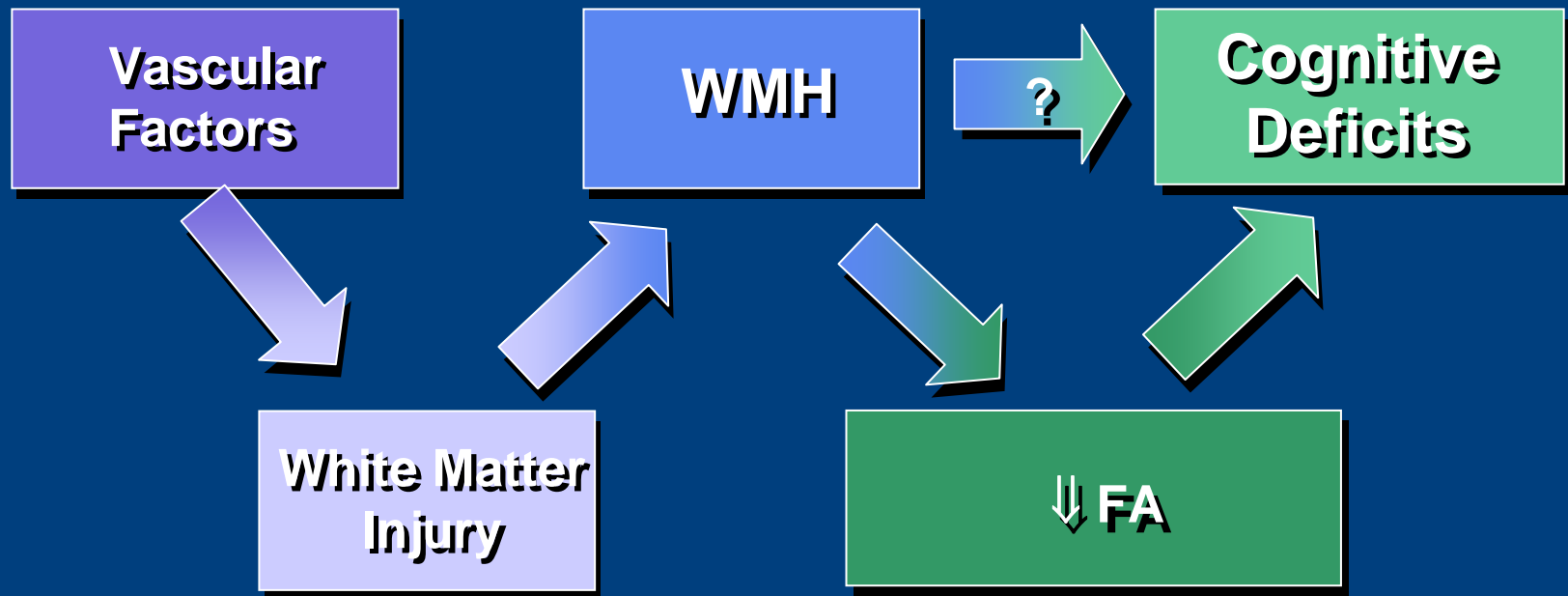
# Disconnection of Working Memory Processes by White Matter Hyperintensities

Adriane Mayda

Graduate Student, IDeA Lab

University of California at Davis

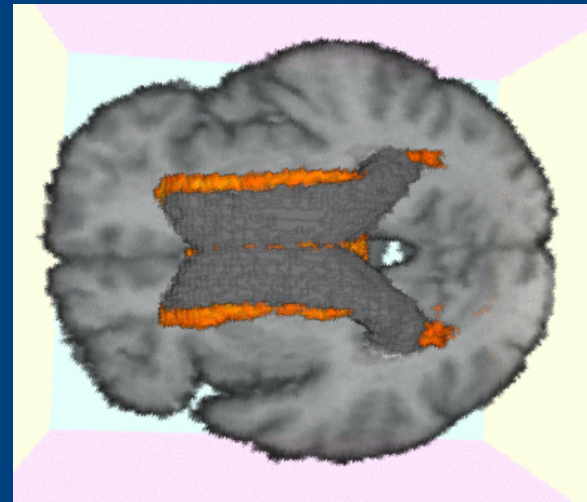
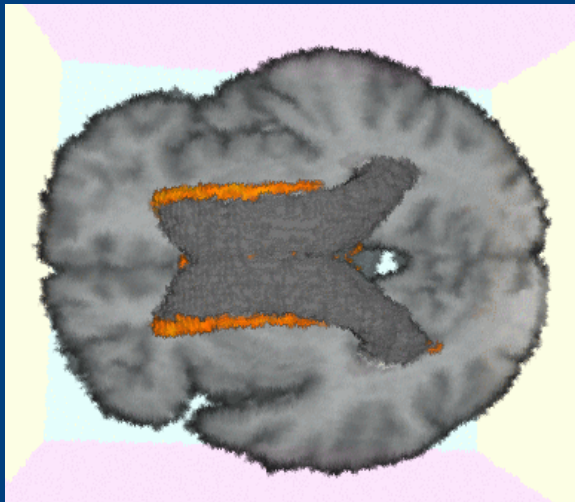
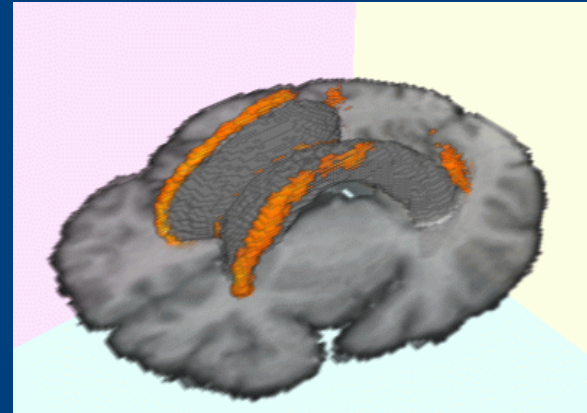
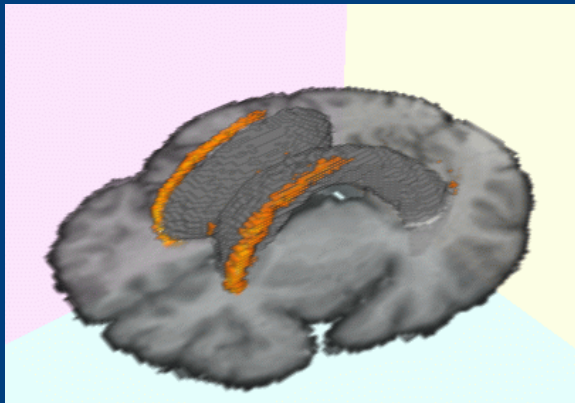
# Disconnection Hypothesis



# Anisotropy Mapping



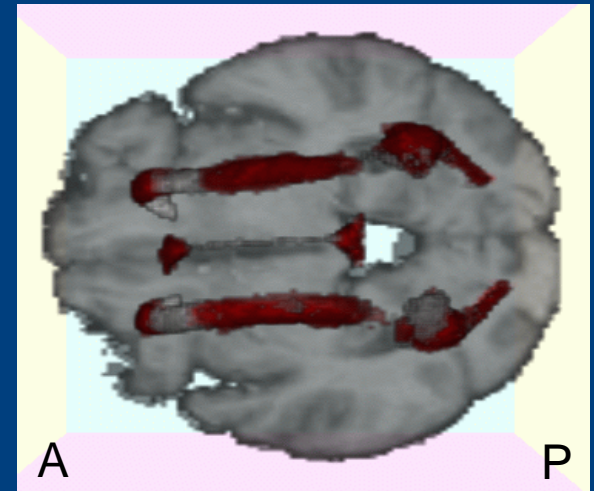
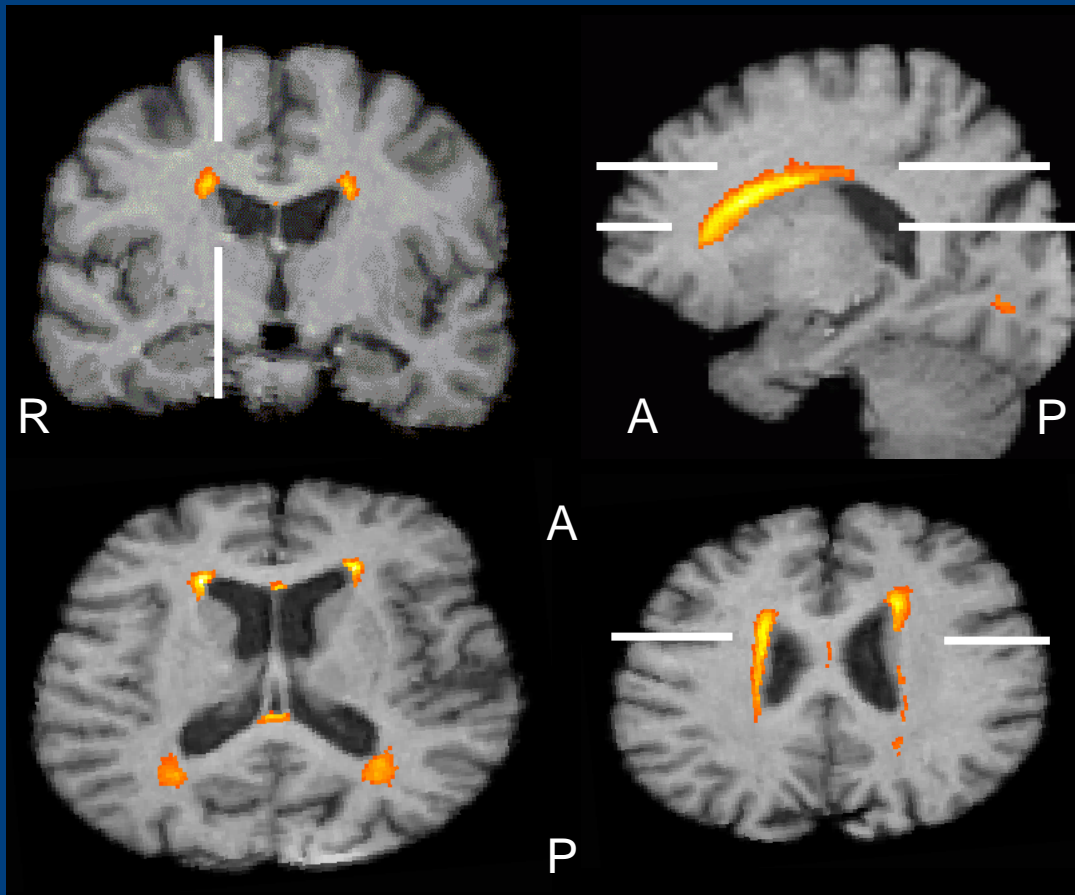
# Location of WMH in MCI



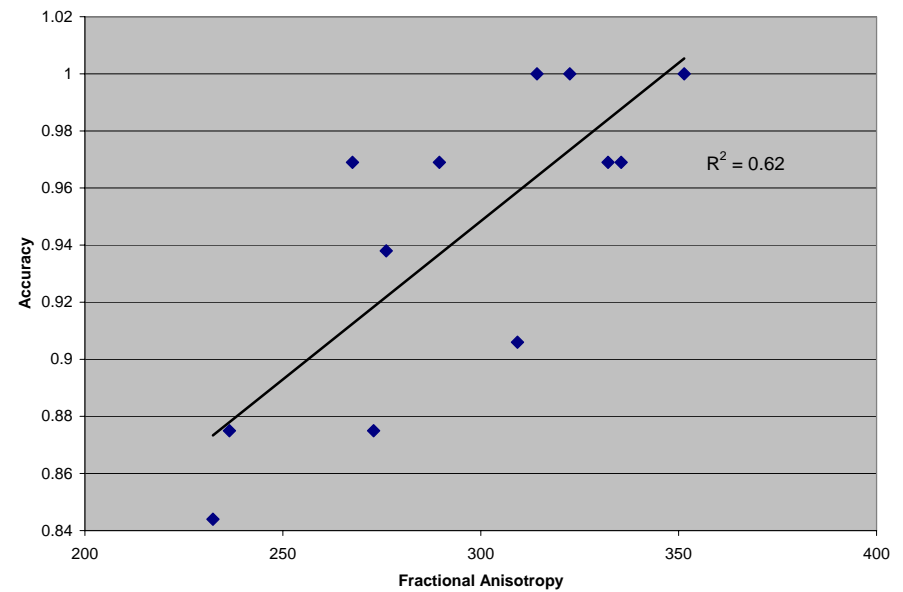
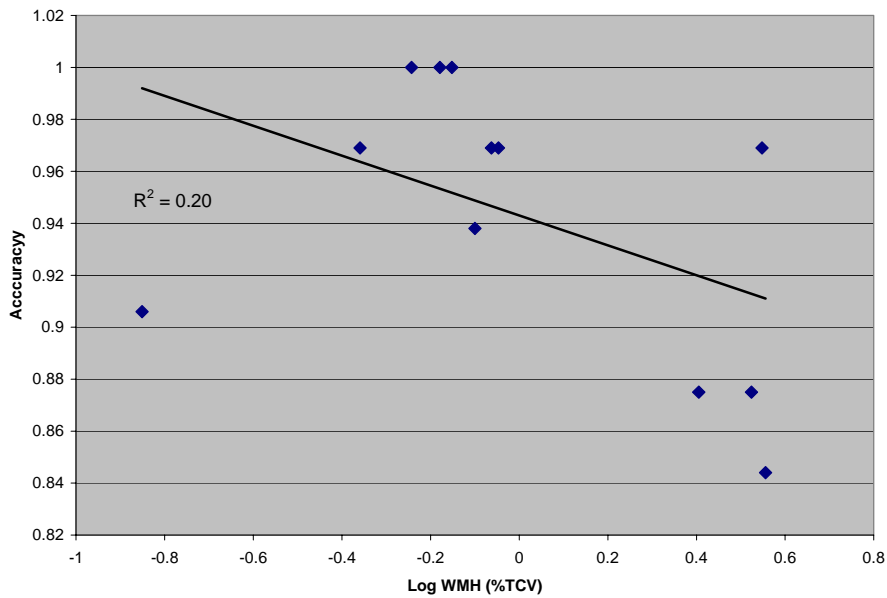
**Normal Controls (n=30)**

**MCI (n=29)**

# Location of WMH and ROI



# Correlations



**Total WMH**

**FA within WMH**

# Summary

- aMCI has at least 2 subtypes
  - Hi WMH
  - Small Hippocampi
- Amnesia in MCI-WMH results from
  - Impairments in executive control
  - Reduced prefrontal activation
  - Disconnection from posterior targets

# Conclusions

- WMH are common to the elderly
- WMH alone can be associated with episodic memory impairments
- WMH likely contribute to susceptibility to late life cognitive impairment and dementia
- WMH are potentially modifiable





- Adriane Mayda
- Christine Nordahl
- Evan Fletcher
- Owen Carmichael
- IDeA Lab

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